

PSHRE newsletter

Welcome to our second PSHRE newsletter of the year. Each half term we will keep you updated with what each year group will be covering in PSHRE lessons, along with any guest speakers who will be coming in to speak to our students. We hope that by sharing this information with you, it will give you the opportunity to build upon these topics at home and engage in conversation about what students have learnt in their PSHRE lessons. I have included some useful websites below to help support any conversations at home.

Year Group	Topics
Year 7	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/ https://www.saferinternet.org.uk/advice-centre/parents-and-carers https://anti-bullyingalliance.org.uk/tools-information/advice-and-support/advice-parents https://www.sja.org.uk/
Year 8	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/ https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/children-race-racism-racial-bullying/# https://www.youngminds.org.uk/parent/a-z-guide/gender-identity/ https://www.stonewall.org.uk/help-advice/information-and-resources
Year 9	https://www.familylives.org.uk/advice/teenagers/behaviour/gangs/ https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/
Year 10	https://www.talktofrank.com/get-help/concerned-about-a-child https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/ https://www.youngminds.org.uk/young-person/coping-with-life/body-image/
Year 11	https://www.talktofrank.com/get-help/concerned-about-a-child

Guest Speakers

Week beginning 1st November - Year 11 will be having a session on mental health during their PSHRE lesson which is being run by our school counsellor, Mr Pemberton. Students will learn more about stress and anxiety and learn strategies that will hopefully help them in the lead up to their mock exams.

If you have any concerns about your child listening to this talk, please contact myself on the details above or their mentor or college leader.

Topics covered in PSHRE lessons this half-term

Year 7

- What is risk?
- Road safety
- Risk and online safety
- Positive relationships
- Diversity and anti-bullying
- Cyber-bullying
- Bullying vs banter
- First Aid

Year 8

- Political parties
- Campaigns and manifestos
- Prejudice and discrimination
- Racism
- 'The school that tried to end racism' documentary
- Disability and inclusion
- Sexuality and gender identity

Year 9

- Gangs – how it might start
- Gangs – risks and consequences
- Gangs – getting out
- Citizenship

Year 10

- Psychoactive substances
- Illegal drugs
- County lines
- Body image

Year 11

- Record of Achievement preparation
- Alcohol – recap

'No excuse for abuse!'

In light of this year's government report on Sexual Abuse in Schools and Colleges, which was released in June 2021, we want to do all that we can to provide a positive and safe environment for all our students and staff. We have recently put posters up around the school to reinforce the fact that Finham Park School does not condone any form of abuse. These posters are encouraging students to report any incidents of abuse anonymously via a QR code. We would also encourage our students to report any incidents their mentors, college leaders or wellbeing officers.

To view the 'No excuse for abuse' poster and QR code, please click on the following link: <https://finhampark.com/no-harm-done-support/>

PSHRE notices

Anti-bullying week 2021

Anti-bullying week 2021 will be taking place from **Monday 15th-Friday 19th November**. The theme for this year is **one kind word**.

We will be raising awareness of anti-bullying week across the school through an assembly and activities during mentor time.

