

## PSHRE newsletter

Welcome to the last PSHRE newsletter of the year. Each half term we will continue to keep you updated with what each year group will be covering in PSHRE lessons, along with any guest speakers who will be coming in to speak to our students. We hope that by sharing this information with you, it will give you the opportunity to build upon these topics at home and engage in conversation about what students have learnt in their PSHRE lessons. I have included some useful websites below to help support any conversations at home.

Year Group	Topics
Year 7	<a href="https://barclayslifeskills.com/lifeskills-for-parents/">https://barclayslifeskills.com/lifeskills-for-parents/</a>
Year 8	<a href="https://www.youngminds.org.uk/parent/">https://www.youngminds.org.uk/parent/</a> <a href="https://www.mind.org.uk/information-support/for-children-and-young-people/information-for-parents/">https://www.mind.org.uk/information-support/for-children-and-young-people/information-for-parents/</a> <a href="https://www.bbc.co.uk/">https://www.bbc.co.uk/</a> <a href="https://www.parentsprotect.co.uk/sexting.htm">https://www.parentsprotect.co.uk/sexting.htm</a> <a href="https://www.internetmatters.org/hub/question/can-i-i-suspect-child-sexting/">https://www.internetmatters.org/hub/question/can-i-i-suspect-child-sexting/</a> <a href="https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/">https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/</a>
Year 9	<a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/</a> <a href="https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/">https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/</a> <a href="https://www.talktofrank.com/get-help/concerned-about-a-child">https://www.talktofrank.com/get-help/concerned-about-a-child</a>
Year 10	<a href="https://www.nspcc.org.uk/globalassets/documents/advice-and-info/online-pornography-keep-child-safe.pdf">https://www.nspcc.org.uk/globalassets/documents/advice-and-info/online-pornography-keep-child-safe.pdf</a> <a href="https://coppafeel.org/">https://coppafeel.org/</a> <a href="https://theoddballsfoundation.com/">https://theoddballsfoundation.com/</a>

## Guest speaker

Over the next half term, Jo Hooke (our careers advisor) will be coming into Year 10 lessons to speak to them about next steps regarding Post-16. We hope that our Year 10 students will find this session useful.

## Feedback

If you have any feedback regarding the PSHRE newsletter, it would be great to hear from you. This could include suggestions of what you might like to see in next year's newsletters. Any feedback can be emailed to: c.baker@finhampark.co.uk

## Topics covered in PSHRE lessons this half-term

### Year 7

- Careers
- British Values
- British values in action
- Media

### Year 8

- Relationships on screen
- Managing challenging content
- Crime
- Intro to sex ed and parenting
- Relationships
- Sexting
- Understanding fraud

### Year 9

- Social engineering
- Drugs
- Sex Ed – including relationships, being ready and consent

### Year 10

- The impact of pornography
- Careers session
- Cancer and self-examination

## Awareness raised this year...

Alongside the delivery of PSHRE lessons, we are proud to have raised awareness of a lot of key topics through assemblies and discussions. These include:

- World Mental Health Day
- Anti-bullying week
- LGBTQ History Month
- Mental Health Awareness Week

During the month of June, we will be helping to raise awareness of Pride Month with the help of our amazing Sixth Form Pride Alliance Team



The 'There's no excuse for abuse' posters are hung up around the school behind toilet doors for students to report any incidents they might see or be victims of. Although this can be done anonymously, we would also actively encourage students to report any incident to a trusted adult. The QR code can also be found on the school website for students to scan.