



# Finham Park School



## KS3 PE Assessment Statements – Year 7

Working Towards		Working At		Greater Depth	
I sometimes apply the school values/ PE principles.	<input type="checkbox"/>	I usually show the school values / PE principles.	<input type="checkbox"/>	I always apply the School values/ PE principles in my PE lessons.	<input type="checkbox"/>
I have my PE kit for most lessons.	<input type="checkbox"/>	I have my PE kit for all lessons.	<input type="checkbox"/>	I have the confidence to demonstrate skills and answer questions when asked.	<input type="checkbox"/>
I am willing to participate fully in my favourite activities in PE.	<input type="checkbox"/>	I approach new and challenging activities with a positive attitude; always trying my best.	<input type="checkbox"/>	I regularly attend PE extracurricular clubs in school.	<input type="checkbox"/>
I show persistence when learning new things and try to achieve the objectives of the lesson.	<input type="checkbox"/>	I will sometimes try to put my hand up to offer an answer to my teacher's question.	<input type="checkbox"/>	I have competed for the school in sport.	<input type="checkbox"/>
I demonstrate a few employability skills in my PE lessons	<input type="checkbox"/>	I demonstrate a range of employability skills in my PE lessons.	<input type="checkbox"/>	I demonstrate a large range of employability skills in my PE lessons.	<input type="checkbox"/>
I can perform simple fundamental skills with some confidence and success in isolated practices.	<input type="checkbox"/>	I can perform simple fundamental skills accurately and with confidence in small game situations.	<input type="checkbox"/>	I can show consistency and precision when performing fundamental skills in pressurised/competitive situations.	<input type="checkbox"/>
I can transfer some of my skills when doing different PE activities.	<input type="checkbox"/>	I can adapt my skills to help me be successful in different PE activities.	<input type="checkbox"/>	I can adapt and improve my skills to help me be successful across a range of PE activities.	<input type="checkbox"/>
I can compare and comment on my own and others performance with some accuracy.	<input type="checkbox"/>	I can use information to suggest ways for my own and others improvement of performance.	<input type="checkbox"/>	I can analyse and comment on my own and others work, identifying strengths, weaknesses and how to improve.	<input type="checkbox"/>
I participate well in a group making a good effort to contribute to the success of the team.	<input type="checkbox"/>	I can motivate and encourage other students to perform well.	<input type="checkbox"/>	I lead, motivate and instruct others with confidence.	<input type="checkbox"/>
I can lead a warm-up successfully and am a sports leader	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
Cooper run: Boys Below 1600m & Girls Below 1400m .	<input type="checkbox"/>	Cooper Run: Boys 1600m+ & Girls 1400m+.	<input type="checkbox"/>	Cooper Run: Boys: 2200m+ & Girls 2000m+.	<input type="checkbox"/>
Summer athletics 1-24 points.7	<input type="checkbox"/>	Summer athletics points 25-42 points.	<input type="checkbox"/>	Summer athletics 42 points +.	<input type="checkbox"/>
I am developing my knowledge and understanding of the major bones and muscles in the body.	<input type="checkbox"/>	I have good knowledge and understanding of the major bones and muscles in the body.	<input type="checkbox"/>	I have very good knowledge and understanding of the major bones and muscles in the body.	<input type="checkbox"/>

**CURRICULUM INTENT:** In PE we want to inspire and motivate students to participate and enjoy physical activity. We also want them to recognise the importance that sport plays into adulthood. The department is inclusive of all students needs and will give various opportunities for students to improve their competence, confidence and character. Our 7 SPORT PRINCIPLES include the 5 school values: perseverance, courageousness, integrity, humility & kindness.



# Finham Park School



## KS3 PE Assessment Statements – Year 8

Working Towards	Working At	Greater Depth
<p>I sometimes apply the school values / PE principles. I have my PE kit for most lessons. I am willing to participate fully in my favourite activities in PE. I show persistence when learning new things and will keep trying to achieve the objective of the lesson. I demonstrate few employability skills in my PE lessons</p>	<p>I usually show the school values / PE principles in my PE lessons. I have my PE kit for all lessons. I approach new and challenging activities with a positive attitude, always trying my best. I will sometimes try to put my hand up to offer an answer to my teacher's question. I demonstrate a good amount of employability skills in my PE lessons.</p>	<p>I always apply the school values/ PE principles in my PE lessons I have the confidence to demonstrate skills and answer questions when asked. I regularly attend PE extracurricular clubs in school. I have competed for the school in sport. I demonstrate many employability skills in my PE lessons</p>
<p>I can perform fundamental skills accurately and with confidence in small game situations.  I can adapt my skills to help me be successful in different PE activities.</p>	<p>I can show consistency and precision when performing fundamental skills in pressurised/competitive situations.  I can adapt and improve my skills to help me be successful across a range of PE activities.</p>	<p>I can show consistency and precision when performing advanced skills in small game situations with some success.  I am beginning to make use of different tactics and strategies in pressurised/competitive situations in several activities.</p>
<p>I can use information to suggest ways for my own and others improvement of performance.  I can motivate and encourage other students to perform well.</p>	<p>I can analyse and comment on my own and others work identifying strengths and weaknesses and ways to improve them. When working in groups I often take the lead to motivate and instruct others with confidence. I can plan and lead with peers a warm-up or short practice.</p>	<p>I can apply strategies such as goal setting to improve my own performance and others.  I can independently plan and lead a warm up or short practice with confidence.  I am also a Sports leader</p>
<p>Cooper run: Boys Below 1800m &amp; Girls Below 1500m Summer athletics 1-29 points I can explain the effects of exercise on the body. I have some knowledge and understanding of the major bones and muscles in the body.</p>	<p>Cooper Run: Boys 1800m+ &amp; Girls 1500m+ Summer athletics points 30-49 points I can explain the effects of exercise on the body. I can work independently in the fitness suite, I have good knowledge and understanding of the major bones and muscles in the body.</p>	<p>Cooper Run: Boys: 2400m+ &amp; Girls 2100m+ Summer athletics 49+ points I can explain what I need to do to improve my health and fitness. I can work independently in the fitness suite, especially on the resistance equipment I can identify the main joints in the body and know the different movements they create</p>




CURRICULUM INTENT: In PE we want to inspire and motivate students to participate and enjoy physical activity. We also want them to recognise the importance that sport plays into adulthood. The department is inclusive of all students needs and will give various opportunities for students to improve their competence, confidence and character. Our 7 SPORT PRINCIPLES include the 5 school values: perseverance, courageousness, integrity, humility & kindness.



# Finham Park School



## KS3 PE Assessment Statements – Year 9

Working Towards		Working At		Greater Depth	
<p>I sometimes apply the school values / PE principles</p> <p>I have my PE kit for most lessons.</p> <p>I show persistence when learning new things and will keep trying to achieve the objective of the lesson.</p> <p>I demonstrate few employability skills in my PE lessons</p>	<input type="checkbox"/>     <input type="checkbox"/>	<p>I usually apply the school values/ PE principles I have my PE kit for all lessons.</p> <p>I approach new and challenging activities with a positive attitude, always trying my best.</p> <p>I will sometimes try to put my hand up to offer an answer to my teacher's question.</p> <p>I demonstrate a good amount of employability skills in my PE lessons</p>	<input type="checkbox"/>     <input type="checkbox"/>	<p>I always apply the school values / PE principles in my PE lessons I have my PE kit for all lessons and get changed promptly. I have the confidence to demonstrate skills and answer questions when asked. I regularly attend PE extracurricular clubs in school. I have competed for the school in sport. I demonstrate many employability skills in my PE lessons</p>	<input type="checkbox"/>     <input type="checkbox"/>
<p>I can show consistency and precision when performing fundamental skills in pressurised/competitive situations.</p> <p>I can adapt and improve my skills to help me be successful across a range of PE activities.</p>	<input type="checkbox"/>  <input type="checkbox"/>	<p>I can show consistency and precision when performing advanced skills in small game situations with some success. I am beginning to make use of different tactics and strategies in pressurised/competitive situations in several activities.</p>	<input type="checkbox"/>  <input type="checkbox"/>	<p>I demonstrate some advanced skills and techniques for all activities in small games and in competitive situations often with success. I use several tactics and strategies across a number of activities to bring about a successful outcome in a competitive game.</p>	<input type="checkbox"/>  <input type="checkbox"/>
<p>I can analyse and comment on my own and others work identifying strengths and weaknesses and ways to improve them.</p>	<input type="checkbox"/>	<p>I can apply strategies such as goal setting to improve my performance and others.</p> <p>When working in groups I often take the lead to motivate and instruct others with confidence.</p>	<input type="checkbox"/>  <input type="checkbox"/>	<p>I consistently work on my weakness in performance through continued evaluation of my own and others performances and extra practice in/outside of school. I can lead a warm-up successfully.</p>	<input type="checkbox"/>  <input type="checkbox"/>
<p>Cooper run: Boys Below 1900m &amp; Girls Below 1600m</p> <p>Summer athletics 1-37 points</p> <p>I can work independently in the fitness suite, perform simple health and fitness tests and record my results.</p> <p>I have some knowledge and understanding of the major bones and muscles in the body.</p>	<input type="checkbox"/>     <input type="checkbox"/>	<p>Cooper Run: Boys 1900m+ &amp; Girls 1600m+</p> <p>Summer athletics points 38-50 points</p> <p>I can work independently in the fitness suite with teacher's help I can plan and implement a simple exercise plan</p> <p>I have good knowledge and understanding of the major bones and muscles in the body.</p>	<input type="checkbox"/>     <input type="checkbox"/>	<p>Cooper Run: Boys: 2600m+ &amp; Girls 2200m+</p> <p>Summer athletics 50+ points</p> <p>I can plan and implement an exercise plan which shows understanding of the principles of training I can identify the main joints in the body and know the different movements they create &amp; know the difference between aerobic and anaerobic activities.</p>	<input type="checkbox"/>     <input type="checkbox"/>

**CURRICULUM INTENT:** In PE we want to inspire and motivate students to participate and enjoy physical activity. We also want them to recognise the importance that sport plays into adulthood. The department is inclusive of all students needs and will give various opportunities for students to improve their competence, confidence and character. Our 7 SPORT PRINCIPLES include the 5 school values: perseverance, courageousness, integrity, humility & kindness.

**CURRICULUM INTENT:** In PE we want to inspire and motivate students to participate and enjoy physical activity. We also want them to recognise the importance that sport plays into adulthood. The department is inclusive of all students needs and will give various opportunities for students to improve their competence, confidence and character. Our 7 SPORT PRINCIPLES include the 5 school values: perseverance, courageousness, integrity, humility & kindness.